

SPECIAL HIGHLIGHTS

NEW CONTRA BEGINNER COURSE!

Do you have friends who like learning in a class setting or who have felt too intimidated to try contra dancing at a big dance? Do you want to improve your skills as a new dancer? We're VERY excited to announce a brand new 6-week Intro to Contra Dance course in partnership with the City of Ottawa and being taught by our very own Julie Bishop. Our dances will still remain as welcoming as ever to beginners (i.e., you definitely do not need to take the course to come to our dances). Rather, the course is another tool to help break down barriers. Details below!

OUR MID-WEEK CONTRA GETS SOME UPDATES!

We're excited to announce that our mid-week contra dance is moving halls, dates, and time. We're still in Hintonburg but are tweaking the dance a bit to make it easier for folks to attend. There's lots of restaurants close by so come have a meal in Hintonburg and then head straight to the dance. BONUS: We're partnering with the City of Ottawa which means the admission fee can be lowered.

MEALS TOGETHER!

This year, we have a mixture of potlucks and dinners out at local restaurants. These meals are a lovely way to connect with other dancers while enjoying great food. All meals start at 5:30pm and EVERYONE is welcome ... bring something yummy to share for the potlucks!

LEARN TO CALL/PLAY CONTRA!

We have a workshops this year for folks who want to learn about calling and playing for dances - open to all and only \$10! Register at least 10 days in advance - Peter (peter@petersimonyi.ca) for callers and Emily (EmilyLAddison@gmail.com) for musicians. (See dates on calendar.)

Also, ask these folks about joining the Ottawa Callers Collective or the All Comers Band.

ANNUAL GENERAL MEETING AND POTLUCK!

We would love to see you at the AGM and potluck on September 21st. Come learn about how we organize the dances, how last year went, and what's coming up. And maybe you'll even want to get involved in the Board or on sub-committees.

SAT SEP 7 EAT OUT	SPINTUITION (Maine) with ALEX DEIS-LAUBY (New York) +330-530pm FOR EXPERIENCED DANCERS - CONTRA FLOURISHES: Choose from flourishes for swings, petronellas, courtesy turns, heys, moves that swap and more. We focus on flow, communication, both verbal and non-verbal, safety and consent. Come prepared to see what these flourishes are like from both sides!	Buy your membership & seasons pass at one of the first dances!
SAT SEP 21 POTLUCK	OLD SOD (Ottawa) with KEN PANTON (Ottawa)	All are welcome at our Annual General Meeting 6-730pm with potluck 5-6pm!
SAT OCT 5	GOLDEN (Vermont) with ADINA GORDON (Vermont)	+ ZESTY ENGLISH @ 630-730pm
SAT OCT 19	MAIVISH (Quebec) with CATHERINE BURNS (Ottawa)	+ 2h dance musician workshop this weekend! YOUTH DANCE - Under 30 FREE
WED OCT 23	STOLEN GOODS with THE OTTAWA CALLERS' COLLECTIVE	
FRI NOV 1 to SUN NOV 3	HEY FEVER 2019 OTTAWA'S CONTRA DANCE WEEKEND	Awesome weekend of dancing planned with two fantastic bands: The GASLIGHT TINKERS and MAX NEWMAN & JULIE METCALF with two amazing callers: WILL MENTOR and ANGELA DECARLIS . For more info & to register: www.ottawacontra.ca/heyFever NOTE: Saturday night dance only open to weekend Hey Fever pass holders - no regular attendance!
SAT NOV 16	LES QUATRES COINS (Ottawa/QC) with JUNE HARMAN (Ottawa)	
WED NOV 27	STOLEN GOODS with THE OTTAWA CALLERS' COLLECTIVE	
SAT DEC 7 POTLUCK	TURNING STILE (Vermont) with SARAH VANNORSTRAND (New York) + FAMILY DANCE 3:30-5pm with Turning Stile and Sarah.	+ ZESTY ENGLISH @ 630-730pm
SAT DEC 21 DESSERT POTLUCK AT BREAK	OLD SOD (Ottawa) with CATHERINE BURNS (Ottawa)	Seasonal dance with carols at the break ... wear RED & GREEN!

SATURDAY CONTRAS!

- What:** Our Saturday evening contra dance series for all ages and experience levels
- Time:** Introduction to contra lesson @ 7:30-8pm, dance 8-11pm
- Venue:** Churchill Recreation Centre, 345 Richmond Road, Ottawa
- Cost:** Evening --- \$14 regular, \$12 members, \$10 students, free ages 15 and under (membership is \$35 for the year)
Special afternoon dances--- \$12 regular and member, \$10 students, free ages 15 and under
Afternoon & evening combo--- \$23 regular, \$20 students

MID-WEEK CONTRAS!

- What:** A great mid-week dance held roughly once a month with great local calling and musicians!
- Time:** 7-9:30pm. Beginner into lesson at 6:45pm.
- Venue:** Hintonburg Community Centre - 1064 Wellington. Lots of parking on the street and behind the building. Bus stop right outside!
- Cost:** \$5 for all, free ages 15 & under

6-WEEK INTRO TO CONTRA COURSE!

- What:** A 6-week course we are offering through the City of Ottawa.
- Dates & Time:** 6:45-8pm. The course is being offered twice. Six Wednesdays in a row Sept 18-Oct 23 and Jan 22-Feb 26. Each course finishes with a dance open to the public.
- Venue:** Hintonburg Community Centre - 1064 Wellington Street.
- Cost:** \$87.25 / \$109.25 for non-Ottawa residents / \$78.74 for seniors 65+
- Registration:** Opens Aug 14 <https://ottawa.ca/en/residents/recreation-and-parks/recreation-programs>

More info above!

SAT JAN 4	PEACH JAM (Ottawa) with DAVID SMUKLER (New York)	NEW YEAR'S CONTRA BALL - Dress up in your finery
SAT JAN 18 POTLUCK	LES QUATRES COINS (Ottawa/Quebec) with PETER SIMONYI [Ottawa] + COMMUNITY DANCE 6:30-7:30pm ahead of the contra!	Let's celebrate Robbie Burns - Wear PLAID!
SAT FEB 1 POTLUCK	CLOUD TEN (Mass/Vermont) with LUKE DONFORTH (Vermont) +330-530pm FOR EXPERIENCED DANCERS - CHALLENGING DANCE: Warm up your legs and stretch your brain with an afternoon session full of advanced dances. And for a little added bonus, there will be a few tips on recovery points and how to support each other during these tricky dances. This session will both challenge your abilities and be VERY fun!	+ ZESTY ENGLISH @ 630-730pm
SAT FEB 15	OLD SOD BAND (Ottawa) with JUNE HARMAN (Ottawa)	
WED FEB 26	STOLEN GOODS with THE OTTAWA CALLERS' COLLECTIVE	
SAT MAR 7 EAT OUT	MAX NEWMAN & AUDREY KNUTH (Mass+) with WILL MENTOR (Vermont) +330-530pm FOR EXPERIENCED DANCERS - PLAYING WITH ROLES AND POSITIONS: Come out for an afternoon full of contra dances while we play with roles and positions on the dance floor. Will will masterfully lead us through some experiments and learning all while we enjoy some fabulous music! The <i>evening dance will use the terms Larks & Ravens</i> so this is a great day to give gender free dancing a go!	Evening is a YOUTH DANCE - Under 30 FREE!
SAT MAR 21 POTLUCK	PEACH JAM (Ottawa/Quebec) with KEN PANTON (Ottawa) + COMMUNITY DANCE 6:30-7:30pm ahead of the contra!	Let's celebrate St. Patrick's - Wear GREEN!
WED MAR 25	STOLEN GOODS with THE OTTAWA CALLERS' COLLECTIVE	
SAT APR 4 POTLUCK	JWALK (Penn/New Jersey/Maryland) with GAYE FIFER (Pennsylvania) +330-530pm FOR EXPERIENCED DANCERS - INTERMEDIATE WALTZ: Gaye will teach a few ways to play with intermediate waltz moves while connecting to your partner and to the music. Gaye focuses on the importance of clear, timely leads and aware, in-the-moment following. In between teaching, you'll get lots of fantastic waltzing time with JWALK!	Join Gaye (GDSS President) at the potluck!
SAT APR 18	LES QUATRES COINS (Ottawa/QC) with PETER SIMONYI (Ottawa) This dance will <i>use the terms Larks & Ravens</i> —come and give gender free dancing a try!	+ ZESTY ENGLISH @ 630-730pm
WED APR 22	STOLEN GOODS with THE OTTAWA CALLERS' COLLECTIVE	
SAT MAY 2 EAT OUT	STOMP ROCKET (Maine) with LISA GREENLEAF (Mass) +330-530pm FOR EXPERIENCED DANCERS - CHALLENGING DANCES OF MANY FORMATIONS: Expect an awesome afternoon of dancing with friends in formations that are rarely seen during a typical evening contra dance. All dances geared for those looking for challenge and fun... Expect big smiles! Plus super rockin' music!!!	+ 2.5h caller musician workshop this weekend!
SAT MAY 16 POTLUCK	BECKY TRACY & KEITH MURPHY (Vermont) with CATHERINE BURNS (Ottawa) + COMMUNITY DANCE 6:30-7:30pm ahead of the contra! + FRIDAY NIGHT house concert with BECKY TRACY & KEITH MURPHY . Concert info to be posted at oldsod.ca.	
WED MAY 27	STOLEN GOODS with THE OTTAWA CALLERS' COLLECTIVE	Our volunteer party dance - FREE FOR VOLUNTEERS !!!
SAT JUN 6 EAT OUT	TRITON (Vermont/QC) with MARY WESLEY (Vermont) + 330-530pm BALFOLK & BRETON DANCES: Come take a trip to France! Balfolk dancing is popular social dancing from Western Europe -> a recent revival of traditional, mostly French, folk dances. Balfolk and Breton dances range in form from partnered dances (waltz, schottish, mazurka), circle and longways sets (chappelloise and bourées) and "la danse en chaîne," chain dances combining a variety of steps and arm movements (hanter dro, andro, and many more). These dances and the tunes that go with them are beautiful and mesmerizing. Venez dansez... this afternoon dance is open to all levels of dancers! + FRIDAY NIGHT house concert with TRITON . Concert info to be posted at oldsod.ca.	
SAT JUN 20 DESSERT POTLUCK AT BREAK	STOLEN GOODS (Ottawa) with OTTAWA CALLERS' COLLECTIVE (Ottawa)	+ ZESTY ENGLISH @ 630-730pm

SATURDAY COMMUNITY DANCES!

What: Think big barn dance party! These dances that are perfect for a multigenerational crowd — great school-aged kids including youngsters, pre-teens and teens as well as lots of fun for adults!

Also, fantastic potlucks AND an open band that you can join.

Time: Community dance 6:30-7:30pm. Doors open at 5pm for 5:30pm potluck. Community dancers welcome to stay for the contra beginner lesson (7:30-8pm) and first two contras (approx. 8:30pm) for free.

Venue: Churchill Recreation Centre, 345 Richmond Rd.

Cost: \$5 suggested donation for all ages 3-99!

ZESTY ENGLISH!

What: Back by popular demand... we are offering Zesty English Country Danced! ECD is similar to contra dance with some delightful differences. Come learn some new figures, formations and ways to move your body.

Fantastic live music and great calling!

Time: 6:30-7:30pm

Venue: Churchill Recreation Centre, upstairs hall

Cost: \$5 suggested donation for all.