

# Hey Fever! Dance Weekend Schedule

## November 1-3, 2024

### ~ Friday ~

Time	Session	Band	Caller	Where
7:00 PM - 8:00 PM	<b>Welcome and registration in the Lobby and Main Hall</b>			
8:00 PM - 9:30 PM	Welcome Contra Dance	Elixir	Nils	Main Hall
9:30 PM - 9:45 PM	<b>Break (band change), with snack in the Main Hall</b>			
9:45 PM - 11:15 PM	Welcome Contra Dance	Peach Jam	Alexandra	Main Hall

### ~ Saturday ~

Time	Session	Band	Caller	Where
10:15 AM - 11:00 AM	English for Contra Dancers	Elixir	Alexandra	Main Hall
11:00 AM - 12:00 PM	Ready Set CONTRA	Elixir	Nils	Main Hall
12:00 PM - 1:30 PM	<b>Lunch: Purchased or bring your own</b>			Main Hall, or out
	<b>Dance organizers' lunchtime Meet &amp; Greet</b>			Town Hall upstairs
1:30 PM - 3:15 PM 1:30 PM - 2:30PM	Shadow Contras	Peach Jam	Alexandra	Main Hall
	Singing Workshop	n/a	Nils & Maura	Town Hall upstairs
3:15 PM - 3:45 PM	<b>Break (band changeover), with snack in the Main Hall</b>			
3:45 PM - 4:30 PM	Flourishes & Dancing Both Roles	Peach Jam	Alexandra	Town Hall upstairs
3:45 PM - 5:30 PM	Challenging Contras & Squares	Elixir	Nils	Main Hall
4:30 PM - 5:30 PM	<b>Town Hall room is open to chill or chat</b>			Town Hall upstairs
5:30 PM - 7:30 PM	<b>Dinner at local restaurants or in the Main Hall (if you bring your own)</b>			Main Hall, or out
	<b>Town Hall room is open for music jamming</b>			Town Hall upstairs
7:30 PM - 9:15 PM	Dress Up Contra Dance (with a costume parade)	Peach Jam	Alexandra	Main Hall
9:15 PM - 9:30 PM	<b>Break (band changeover), with snack in the Main Hall</b>			
9:30 PM - 11:15 PM	Dress Up Contra Dance	Elixir	Nils	Main Hall

**Reminder:** Clocks go back on Saturday night. We get an extra hour of sleep (or partying!)

## ~ Sunday ~

Time	Session	Band	Caller	Where
10:00 AM - 10:45 AM	Morning Waltzes	Peach Jam	n/a	Main Hall
10:45 AM - 11:45 PM	Flow and Glide Contras	Peach Jam	Alexandra	Main Hall
11:45 PM - 1:00 PM	<b><i>Lunch at local restaurants or in the Main Hall (if you bring your own)</i></b>			Main Hall, or out
1:00 PM - 2:00 PM	Farewell Contras	Elixir	Nils	Main Hall
2:00 PM - 2:15 PM	<b><i>Break (band changeover)</i></b>			
2:15 PM - 3:00 PM	Farewell Contras	Combo	Nils and Alexandra	Main Hall

## ~ Session Descriptions ~

Shadow Contras	Contras with lots of shadowing!
Singing Workshop	Singing!
Flourishes & Dancing Both Roles	Workshop and dance. Increase your awareness and skill of some contra dance skills.
Challenging Contras and Squares	Brainteasers, no walk-throughs, and diagonals!
Dress Up Contra Dance	Come dance dressed up either fun or fancy! There will be a costume parade during the 7:30-9 PM session.
Flow and Glide Contras	Smooth to bouncy, sultry to swingin'. The variety in these dances is sure to amaze!

Schedule also posted at: [https://ottawacontra.ca/hf\\_schedule](https://ottawacontra.ca/hf_schedule)

QR code to the schedule:

